



## Meeting 10: Assessment and Looking Forward

1. Thank everyone for participating.
2. At this meeting, ask your Action Step leaders to review your progress with each the Steps adopted in Meetings 1-9.

### Discuss how to ensure that your achievements continue:

- Energy Efficiency
- Solid Waste & Recycling
- Education
- Drug Disposal & Chemicals
- Healthy Foods in the Office



3. If you have not done so already, email your Green Team Notes forms to My Green Doctor (<https://www.mygreendoctor.org/contact/>) and tell us that you have qualified for your Green Doctor Office Certificate.
  - The Certificate is valid for three years and free to offices with a colleague who is a member of one of My Green Doctor’s partnering or participating organizations (<https://www.mygreendoctor.org/welcome-to-my-green-doctor/our-partner-organizations/>). The cost of your certificate is \$250 (U.S.) for non-members, so this could be a smart time to join one of our partners!
  - Print two copies of your Certificate and buy simple frames to display this proudly in your waiting room and lunchroom.
4. Announce the date for the next meeting. **From here, meetings should be once a month.** Plan to continue to include “green team business” as part of every office staff or organizing meeting.
5. After the meeting, complete the Green Team Notes form. Keep it very brief-- not more than 5 minutes for the Notes: <https://www.mygreendoctor.org/resources/green-team-notes-form/>



## Continuing Meetings: Meeting-By-Meeting Monthly Guide:

### "The Road Ahead is Green"

**"Green" is now part of the culture** of your office, clinic, or outpatient center. **Congratulations!** Look back at "Ten Reasons to Go Green", and see if these have been true for you: <https://www.mygreendoctor.org/welcome-to-my-green-doctor/ten-reasons-to-go-green/>.

- My Green Doctor hopes you will continue to include a few minutes of Green Team business as part of every staff meeting of your office, clinic, or outpatient center. My Green Doctor offers more than 140 ideas for how to make your place of work and community healthier. You will never run out of fun, worthwhile, and money-saving Action Steps and Education Steps.



### At Each Monthly Green Team Meeting

1. Thank everyone for participating.
2. At each meeting, ask your Action Step leaders to review your progress with the Steps that you have adopted that still need attention.
3. At each meeting, try to adopt ONE new Action Step from the My Green Doctor Workbooks. Remember to include an Education component, such as an announcement for your office colleagues, a newsletter item, a waiting room brochure, a "Tip of the Week" for patients, etc.

Here are a few ideas for Action Steps:

- I. Energy Efficiency: "Complete an Office Energy Audit", "Engage Your Office Neighbors", or "Install Motion Detectors"

- II. Renewable Energy: “Buy Renewable Energy”, and create a one-page handout telling your patients how they can also.
- III. Water Efficiency: “Inspect Your Irrigation System” or “Turn Off Your Hot Water Heater”
- IV. Drug Disposal & Chemicals: “Adopt a Green Chemicals Policy”, deploy insect “bait stations” instead of chemical sprays
- V. Transportation & Commuting: “Encourage bicycle use”, “Calculate the office transportation carbon footprint”, “Educate each other on low-emission vehicles”.
- VI. Healthy Foods for the Office: “Go Meatless”, “Join a Local Food Box”: <https://www.mygreendoctor.org/why-not-join-a-local-food-box-or-csa/>.

