



Meeting 1: “Welcome to Our Green Team”

1. Announce that the Green Team is a new office activity, with the goal of qualifying for a Green Doctor Office certificate.
2. Thank everyone for participating.
3. Read aloud “Ten Reasons to Go Green”: <https://www.mygreendoctor.org/welcome-to-my-green-doctor/ten-reasons-to-go-green/>. **This is provided below.**
4. Describe when your Green Team will meet. Change the meeting time now if necessary.
5. Explain that your Green Team will use My Green Doctor to guide making gradual improvements in the office over the next 6 months. The topics will include energy efficiency, water use, recycling, climate change, renewable energy, transportation choices, and healthy foods.
6. Ask each person to register at www.greendoctor.org. Registration takes 3 minutes, is free, safe,



and no password is needed.

7. Find someone to print two copies of your “Pledge Certificate” and to buy simple frames for displaying these in your waiting room and lunchroom.
8. Announce the date for the next meeting, when you will adopt your first Action Steps.
9. After the meeting, fill out the Green Team Notes form. Keep it very brief– not more than 5 minutes for the Notes: <https://www.mygreendoctor.org/resources/green-team-notes-form/>

Ten Reasons to “Go Green”:

1. Leads to wiser & more responsible uses of resources.
2. “Going Green” saves money by lowering office expenses.
3. Creates a healthier work environment.
4. Green Teams encourage team-work and finding better ways to do things.
5. Green Teams generate ideas from every member of the office or clinic.
6. Improves job satisfaction.
7. Enhances the office’s public image and the trust of patients.
8. Decreases air pollution, water consumption, and waste.
9. Builds a healthier community.

10. Helps to make environmental sustainability part of everyone's life!